

(Autonomous Institution - UGC, Govt. of India) (Sponsored by Ellenki Educational Society)



Patelguda, Sangareddy Dist. Hyderabad.

Approved by AICTE & Affiliated to JNTUH, Accredited by NAAC, Recognition of 2(f), UGC, MSME-HI

Department of Training and placement

Student Career Development Program

On Career Guidance & opportunities

Soft Skills & Personality Development

Health & well-being

Social & Environmental Awareness

At

Government Boys Junior College Medak

Organised By

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Ellenki College of Engineering and Technology

Coordinator

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Principal



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1. Career Guidance and Opportunities

Objectives:

- To provide insights into various career paths and emerging job markets.
- To assist students in identifying their strengths and aligning them with suitable career options.
- To educate students on resume building, interview techniques, and networking strategies.
- To raise awareness about higher education, internships, and entrepreneurial opportunities.

Outcomes:

- Students gain a clear understanding of diverse career options and required skill sets.
- Improved readiness for interviews, resume writing, and job applications.
- Increased confidence in making informed career decisions.
- Awareness of industry demands and future career trends.

Summary Report:

The session on *Career Guidance and Opportunities* focused on empowering students with knowledge about various professional pathways and the skills required to succeed. Industry experts and counselors provided practical advice on career planning, effective job searching, and interview preparation. The session also included case studies and real-world examples to enhance understanding. Feedback indicated increased student confidence in career decision-making and a better grasp of future opportunities.



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2. Soft Skills & Personality Development

Objectives:

- To enhance communication, leadership, and teamwork abilities.
- To foster self-awareness and emotional intelligence.
- To develop problem-solving, decision-making, and critical thinking skills.
- To instill confidence, adaptability, and a positive attitude.

Outcomes:

- Improved verbal and non-verbal communication skills.
- Better teamwork, collaboration, and leadership abilities.
- Enhanced personal and professional growth through self-awareness.
- Increased adaptability and resilience in dynamic environments.

Summary Report:

The *Soft Skills and Personality Development* program emphasized the importance of communication, leadership, and emotional intelligence. Interactive workshops covered public speaking, teamwork exercises, and self-assessment activities. Participants reported increased self-confidence, improved interpersonal skills, and a better understanding of personality traits essential for professional success.



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3. Health & Well-being

Objectives:

- To promote physical, mental, and emotional well-being among students.
- To educate students on stress management, nutrition, and fitness.
- To encourage a balanced lifestyle through mindfulness practices.
- To provide resources for mental health support and self-care strategies.

Outcomes:

- Increased awareness of holistic health and wellness practices.
- Improved ability to manage academic stress and mental health challenges.
- Adoption of healthy habits and mindfulness techniques.
- Enhanced physical and emotional resilience.

Summary Report:

The *Health & Well-being* session highlighted the significance of maintaining physical and mental health. Experts shared strategies on managing stress, improving sleep patterns, and incorporating exercise into daily routines. Interactive discussions and wellness activities provided practical insights, resulting in positive feedback on the importance of a healthy lifestyle for academic and personal success.



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4. Social & Environmental Awareness

Objectives:

- To educate students on social responsibilities and sustainable practices.
- To encourage active participation in community service and environmental conservation.
- To foster ethical awareness and global citizenship.
- To highlight the impact of human actions on the environment and society.

Outcomes:

- Increased knowledge of social issues and environmental sustainability.
- Greater involvement in community service and eco-friendly initiatives.
- Development of a sense of responsibility and ethical behavior.
- Enhanced critical thinking on global challenges and solutions.

Summary Report:

The *Social & Environmental Awareness* program emphasized the role of students as responsible citizens. Topics included climate change, social justice, and sustainable development. Interactive discussions and case studies helped students understand their impact on society and the environment. Participants showed a heightened commitment to sustainable practices and community engagement.



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